

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Hertfordshire	
MATCH	2	
VENUE	DACORUM ATHLETICS TRACK (Jarman Park)	
P/FINISH	NO	1

Date Sunday, July 11 2021
 Venue DACORUM ATHLETICS TRACK (Jarman Park)
 Host Club Dacorum & Tring AC

Bib	Team Name	Abbrev.	Officials	Track 1	Relays	Field	Total
D	Dacorum & Tring AC	Dac&T	20	176.3	14.6	175.6	386.5
S	Stevenage & North Herts AC	SNH	20	40.9		58.7	119.6
L	Luton AC	Luton	20	76.4	3.7	105.6	205.7
T	St. Albans AC	Albans	20	149.1	15.9	130.5	315.5
W	Watford Harriers	Watf	20	107.6	13.9	77.4	218.9
X	Herts Phoenix AC	Herts P	15	123.7	20.4	92.6	251.6

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	Dacorum & Tring AC	386.5	1.0			386.5	1.0
2	St. Albans AC	315.5	2.0			315.5	2.0
3	Herts Phoenix AC	251.6	3.0			251.6	3.0
4	Watford Harriers	218.9	4.0			218.9	4.0
5	Luton AC	205.7	5.0			205.7	5.0
6	Stevenage & North Herts AC	119.6	6.0			119.6	6.0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021

<u>100m Men A</u>					<u>100m Men B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	t	Luis DA SILVA	Albans	11.2	1	ww	Chris OSEI	Watf	11.5
2	d	Sullivan MCALINDEN (U17)	Dac&T	11.6	2	tt	Ayo BYRON	Albans	11.5
3	l	James GARDNER (U20)	Luton	11.7	3	dd	Ralph WILLIAMS (U20)	Dac&T	12.1
4	w	Chris DAVIES (U17)	Watf	11.9	4	ll	Prodige ANISHA (U17)	Luton	12.1
5	s	Alex PICKARD (U20)	SNH	12.1	5	xx	Kyle WILLIAMS (U17)	Herts P	12.2
6	x	Bradley GIFKINS (U17)	Herts P	12.9	6				

<u>200m Men A</u>					<u>200m Men B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	d	Samad IBRAHIM (U20)	Dac&T	22.6	1	ww	Chris OSEI	Watf	23.7
2	x	Matthew COX (U20)	Herts P	23.0	2	dd	Oscar NORTH (U17)	Dac&T	24.1
3	l	James GARDNER (U20)	Luton	23.3	3	ss	Alex PICKARD (U20)	SNH	24.7
4	t	Will KENNEDY (U17)	Albans	23.8	4	tt	Shion EVANS (U17)	Albans	25.0
5	s	Bhuvanesh RAMNAUTH (U20)	SNH	23.9	5	xx	Kyle WILLIAMS (U17)	Herts P	25.5
6	w	Chris DAVIES (U17)	Watf	24.1	6	ll	Prodige ANISHA (U17)	Luton	25.8

<u>400m Men A</u>					<u>400m Men B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	t	Sam JONES	Albans	49.8	1	dd	Jack RAINE (U20)	Dac&T	54.2
2	d	Samad IBRAHIM (U20)	Dac&T	51.3	2	tt	Oren SENEVIRATNE (U17)	Albans	55.0
3	x	George SMITH (U17)	Herts P	56.1	3	ww	Simeon BECKFORD-TONGS	Watf	57.9
4	w	James WRIGHT	Watf	57.0	4				
5	l	Joseph LARKAI	Luton	63.8	5				
6					6				

<u>800m Men A</u>					<u>800m Men B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	x	George WARD (U17)	Herts P		1	xx	Max BATTY (U20)	Herts P	
2	dd	Joseph CHAMBERLAIN (U20)	Dac&T		2	d	Jamie BAILEY (U20)	Dac&T	
3	w	Thomas HOBBS (U17)	Watf		3	tt	Andrew SHAW	Albans	
4	t	Alex MOFFAT (U20)	Albans		4	ww	James WRIGHT	Watf	
5					5				
6					6				

<u>1500m Men A</u>					<u>1500m Men B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	w	Charlie WOOLLETT (U20)	Watf	04:06.7	1	xx	William REILLY (U20)	Herts P	04:23.5
2	x	Daniel GILL (U20)	Herts P	04:09.2	2	dd	James FRENCH	Dac&T	04:24.3
3	d	Joseph CHAMBERLAIN (U20)	Dac&T	04:19.7	3	ww		Watf	05:06.9
4	t	Paul ADAMS	Albans	04:24.4	4	tt	Steve BOWRAN	Albans	05:09.0
5					5				
6					6				

<u>3000m Men A</u>					<u>3000m Men B</u>				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	d	Sam BURNELL (U20)	Dac&T	09:07.5	1	dd	James FRENCH	Dac&T	09:08.1
2	t	Oscar LOVEDAY (U17)	Albans	09:08.7	2	tt	George WITHERS	Albans	09:24.2

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3	w	Archie MARSHALL (U17)	Watf	10:01.9	####	3
4	x	David STEPHENS	Herts P	11:20.4	####	4
5						5
6						6

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	t	Ayo BYRON	Albans	15.2
2	s	Edward LAWS (U20)	SNH	16.5
3				
4				
5				
6				

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	d	Haydn WILLIAMS (U20)	Dac&T	61.1
2	x	David STEPHENS	Herts P	71.4
3				
4				
5				
6				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	dd	Marcus STANSBURY (U20)	Dac&T	65.7
2				480.00
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/20213000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	d	Rhys ROWLANDS	Dac&T	10:36.2
2	x	Peter TOWNSEND	Herts P	10:37.8
3	t	James MOORE (U20)	Albans	10:52.8
4				
5				
6				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf	
1	xx	Steve PROSSER	Herts P	11:40.3	#####
2	dd	Marcus STANSBURY (U20)	Dac&T	13:42.2	#####
3					
4					
5					
6					

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	X	Matthew COX (U20)	Herts P	6.42
2	W	Omatsola DUDU (U17)	Watf	5.94
3	DD	George BANCROFT (U17)	Dac&T	5.64
4	L	Romero ARMANI DUJON	Luton	5.55
5	T	Charlie POWELL (U20)	Albans	5.15
6				

A Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	D	Edward FOY (U17)	Dac&T	5.59	573.00
2	WW	Marcus FIRBY (U20)	Watf	4.78	416.00
3	TT	David EVANS	Albans	4.50	362.00
4	LL	Lee CAREY	Luton	4.05	276.00
5					
6					

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	S	Elior HARRIS	SNH	1.90
2	X	Sam VERYARD (U20)	Herts P	1.75
3	DD	Edward FOY (U17)	Dac&T	1.70
4	T	Matthew WILLIAMS (U20)	Albans	1.65
5				
6				

A High Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	SS	Edward LAWS (U20)	SNH	1.75	636.00
2	TT	Benjamin WALKER (U17)	Albans	1.55	469.00
3	XX	David STEPHENS	Herts P	1.00	
4					
5					
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	X	Matthew COX (U20)	Herts P	12.85
2	L	James GARDNER (U20)	Luton	12.65
3	DD	Marcus STANSBURY (U20)	Dac&T	11.54
4	TT	Charlie POWELL (U20)	Albans	11.06
5				
6				

A Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	LL	Romero ARMANI DUJON	Luton	11.46
2	D	James DEAYN (U17)	Dac&T	10.34
3	T	Ivan VARDIN (U17)	Albans	9.46
4	XX	William REILLY (U20)	Herts P	9.44
5				
6				

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	DD	Haydn WILLIAMS (U20)	Dac&T	3.70
2	T	Phil YAXLEY	Albans	2.00
3				
4				
5				
6				

A Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
####	1	D Thomas ASHTON (U20)	Dac&T	3.70
####	2			
	3			
	4			
	5			
	6			

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	D	James ISAACS (U20)	Dac&T	11.80
2	L	Jamie POTTON-BURRELL	Luton	11.53
3	W	Joe BUCK (U20)	Watf	9.43
4	X	James GROVE	Herts P	8.90
5	T	Tim HIGMAN	Albans	7.77
6				

A Shot Men B

Posn	Bib	Athlete	Club	Perf
####	1	LL Zack GRINSTED (U17)	Luton	10.69 632.00
####	2	DD Chris LINE	Dac&T	10.22 597.00
####	3	XX Bradley GIFKINS (U17)	Herts P	7.32 351.00
####	4	WW Richard PARLES	Watf	5.51 130.00
####	5	TT Phil YAXLEY	Albans	5.19 68.00
	6			

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	D	Chris LINE	Dac&T	37.94
2	X	James GROVE	Herts P	31.49
3	L	Jamie POTTON-BURRELL	Luton	30.95
4	W	Joe BUCK (U20)	Watf	24.61
5	S	Steve MAYFIELD	SNH	19.90
6	T	Tim HIGMAN	Albans	19.68

A Discus Men B

Posn	Bib	Athlete	Club	Perf
####	1	DD James ISAACS (U20)	Dac&T	36.09 697.00
####	2	LL Zack GRINSTED (U17)	Luton	28.01 553.00
####	3	TT Ivan VARDIN (U17)	Albans	18.16 330.00
####	4	XX David STEPHENS	Herts P	12.46 128.00
####	5	WW Richard PARLES	Watf	10.05
	6			

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	L	Jamie POTTON-BURRELL	Luton	50.79
2	D	James ISAACS (U20)	Dac&T	31.36
3	X	James GROVE	Herts P	30.49
4	S	Steve FEELY	SNH	28.39
5	W	Joe BUCK (U20)	Watf	22.56
6	T	Tim HIGMAN	Albans	18.71

A Hammer Men B

Posn	Bib	Athlete	Club	Perf
####	1	DD Chris LINE	Dac&T	22.53 463.00
####	2	LL Geoff GRINSTED	Luton	15.45 325.00
####	3	WW Richard PARLES	Watf	7.07
####	4			
####	5			
####	6			

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	T	Matthew WILLIAMS (U20)	Albans	37.60
2	D	Shaun WALL	Dac&T	36.54
3	L	Jamie POTTON-BURRELL	Luton	29.49
4	S	Joel EVANS (U20)	SNH	28.91
5	W	Joe BUCK (U20)	Watf	28.89
6	X	James GROVE	Herts P	22.62

A Javelin Men B

Posn	Bib	Athlete	Club	Perf
####	1	DD Thomas ASHTON (U20)	Dac&T	33.18 512.00
####	2	SS Steve MAYFIELD	SNH	23.52 350.00
####	3	LL James GARDNER (U20)	Luton	23.36 347.00
####	4	TT Thomas CHISHOLM (U17)	Albans	21.06 303.00
####	5	WW Richard PARLES	Watf	11.64 78.00
####	6			

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	t	Albans	Will KENNEDY (U17) Luis DA SILVA Shion EVANS (U17) Ayo BYRON	45.5 450.00
2	d	Dac&T	Jack RAINE (U20) Ralph WILLIAMS (U20) Oscar NORTH (U17) Samad IBRAHIM (U20)	45.7 435.00
3	w	Watf	Nicholas KAMARA (U20) Chris DAVIES (U17) David OPOKU (U17) Chris OSEI	45.7 435.00
4	x	Herts P	Matthew COX (U20) Kyle WILLIAMS (U17) Bradley GIFKINS (U17) George SMITH (U17)	50.1 164.00
5	l	Luton	Lee CAREY James GARDNER (U20) Daniel BOTTESCH Prodige ANISHA (U17)	61.6

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6

4 x 400m MixedB A

Posn	No.	Club	Runners	Perf	A
1	x	Herts P	Daniel GILL (U20) Matthew COX (U20)	04:00.4	
2	t	Albans	Andrew SHAW Steve BOWRAN	04:14.7	
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
					0.1
1	x	Amelia GITTENS (U17)	Herts P	12.5	0.1
2	l	Tina LOUIS (U20)	Luton	12.7	0.1
3	d	Abbie PARKER (U17)	Dac&T	13.3	0.1
4	w	Chrissy MURRAY (U20)	Watf	13.4	0.1
5	t	Orla FOLEY (U17)	Albans	13.9	0.1
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
					1.6
1	ww	Anya MORZARIA (U17)	Watf	12.7	1.6
2	ll	Charise MYRIE (U20)	Luton	13.0	1.6
3	xx	Jessica POON (U20)	Herts P	13.4	1.6
4	dd	Esme O'CONNELL (U20)	Dac&T	13.8	1.6
5	tt	Lokye CHEUNG (U17)	Albans	15.0	1.6
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
					00.3
1	x	Sophie SEGUN	Herts P	25.7	0.3
2	l	Tina LOUIS (U20)	Luton	26.3	0.3
3	d	Abbie PARKER (U17)	Dac&T	26.7	0.3
4	t	Emeline BROWN (U20)	Albans	27.1	0.3
5	w	Chrissy MURRAY (U20)	Watf	27.7	0.3
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
					B
1	xx	Nathalia DUNBAR (U20)	Herts P	26.3	B
2	dd	Milly GALL (U20)	Dac&T	26.5	B
3	ww	Lucy HAWKES (U17)	Watf	27.0	B
4	ll	Bluebell COOKE (U20)	Luton	27.3	B
5	tt	Orla FOLEY (U17)	Albans	28.4	B
6					

400m Women A

Posn	No.	Athlete	Club	Perf
1	s	Delphine LEHRFREUND (U2)	SNH	60.3
2	l	Leah JAY (U17)	Luton	61.3
3	t	Niamh GALLAGHER (U20)	Albans	62.9
4	x	Daisy CREASEY (U20)	Herts P	63.3
5	d	Elsie LEIPER (U20)	Dac&T	66.0
6				

400m Women B

Posn	No.	Athlete	Club	Perf
1	xx	Isabel WILDGOOSE (U17)	Herts P	62.9
2	dd	Isabelle NERO (U20)	Dac&T	65.0
3	tt	Hannah RAYDEN	Albans	70.3
4	ww	Emma GARDNER	Watf	81.1
5				
6				

800m Women A

Posn	No.	Athlete	Club	Perf
1	x	Louise GRENFELL (U17)	Herts P	02:18.5
2	dd	Katy WARREN	Dac&T	02:19.6
3	t	Niamh GALLAGHER (U20)	Albans	02:21.7
4	s	Alexandra GATES	SNH	02:42.5
5	ww	Emma GARDNER	Watf	02:56.4
6				

800m Women B

Posn	No.	Athlete	Club	Perf
1	d	Jemima BYERS (U17)	Dac&T	02:24.2
2	tt	Sarah MCGRATH (U17)	Albans	02:24.9
3	xx	Zara MOHAMMEDBHAI (U17)	Herts P	02:40.8
4				
5				
6				

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1500m Women A

Posn	No.	Athlete	Club	Perf	
1	l	Leah JAY (U17)	Luton	04:53.7	642
2	t	Hannah RAYDEN	Albans	05:17.2	483
3	x	Daniella SKATER (U17)	Herts P	05:20.7	461
4	d	Georgina MANN	Dac&T	05:26.2	428
5	w	Hannah TROTMAN	Watf	05:29.3	410
6					

1500m Women B

Posn	No.	Athlete	Club	Perf	
1	ll	Rosie MCNABOLA	Luton	05:11.2	522
2	dd	Elizabeth ROBERTS	Dac&T	05:57.8	262
3	xx	Yvonne JONES	Herts P	06:30.1	134
4	ww	Charlotte GLENISTER (U20)	Watf	06:36.6	113
5					
6					

5000m Women A

Posn	No.	Athlete	Club	Perf	
1	t	Lily TSE (U17)	Albans	19:02.6	655
2	w	Claire BENTLEY	Watf	19:18.7	624
3	l	Claire MCMAHON-ADIE	Luton	20:21.1	514
4	d	Kelly DUBUISSON	Dac&T	21:24.5	412
5	s	Alexandra GATES	SNH	22:08.5	348
6					

5000m Women B

Posn	No.	Athlete	Club	Perf	
1	dd	Elizabeth ROBERTS	Dac&T	21:38.6	391
2	ww	Christine DEARMAN	Watf	27:15.9	46
3					
4					
5					
6					

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind	
1	d Milly GALL (U20)	Dac&T	14.9	0.2	780
2	l Charise MYRIE (U20)	Luton	16.9		592
3	w Suzanne BENTLEY	Watf	17.4		549
4					
5					
6					

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind	
1						B
2						
3						
4						
5						
6						

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf	
1	w	Suzanne BENTLEY	Watf	68.1	657
2	t	Emeline BROWN (U20)	Albans	68.9	637
3	s	Madeline WAITE (U20)	SNH	70.8	589
4	d	Emma TO (U20)	Dac&T	72.9	538
5					
6					

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/20211500m S/Chase Women A

REC

Posn	No.	Athlete	Club	Perf
1	t	Niamh GALLAGHER (U20)	Albans	05:27.1
2	d	Katy WARREN	Dac&T	05:37.2
3	x	Yvonne JONES	Herts P	06:25.3
4	w	Charlotte GLENISTER (U20)	Watf	07:35.3
5				
6				

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	tt	Lily TSE (U17)	Albans	05:49.7
2	dd	Beth MOODY (U17)	Dac&T	05:59.7
3	xx	Isabel WILDGOOSE (U17)	Herts P	07:44.6
4	ww	Christine DEARMAN	Watf	08:08.5
5				
6				

High Jump Women A

A

Posn	Bib	Athlete	Club	Perf
1	D	Anna CRAGGS (U20)	Dac&T	1.42
2	TT	Eleanor MCARDLE	Albans	1.42
3	W	Amy HAWKES (U17)	Watf	1.38
4				
5				
6				

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	DD	Chloe GROGAN (U17)	Dac&T	1.42
2	T	Margot KOPPE (U17)	Albans	1.32
3				
4				
5				
6	S	S		

Long Jump Women A

A

Posn	Bib	Athlete	Club	Perf
1	D	Annie BURCHELL (U17)	Dac&T	5.01
2	W	Ava MCLOUGHLIN (U17)	Watf	4.77
3	X	Louise GRENFELL (U17)	Herts P	4.61
4	T	Margot KOPPE (U17)	Albans	4.15
5				
6				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	DD	Esme O'CONNELL (U20)	Dac&T	4.28
2				
3				
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

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Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	D	Hannah BOOTH (U20)	Dac&T	10.72
2	L	Charise MYRIE (U20)	Luton	10.17
3	S	Rebecca SCOTT (U17)	SNH	9.66
4	T	Emeline BROWN (U20)	Albans	9.39
5	X	Daisy CREASEY (U20)	Herts P	9.06
6	W	Lucy HAWKES (U17)	Watf	8.59

A Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	DD	Anna CRAGGS (U20)	Dac&T	8.97	498
2	TT	Niamh GALLAGHER (U20)	Albans	8.58	455
3					
4					
5					
6					

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	D	Amy BARRETT (U17)	Dac&T	3.00
2	TT	Sue YEOMANS	Albans	2.30
3				
4				
5				
6				

A Pole Vault Women B

Posn	Bib	Athlete	Club	Perf	
1	T	Louise KELLY	Albans	2.30	450
2					
3					
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	D	Milly GALL (U20)	Dac&T	10.04
2	T	Louise KELLY	Albans	9.02
3	X	Sophie SEGUN	Herts P	8.79
4	S	Libby TAYLOR (U20)	SNH	8.73
5	L	Suzanna WISE	Luton	7.40
6	W	Jennifer EGLINTON	Watf	6.65

A Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	XX	Lucia RIZZO (U17)	Herts P	7.44	526
2	DD	Caitlin FILBY	Dac&T	6.65	456
3	TT	Charlie COLLING (U20)	Albans	6.24	417
4	WW	Christine CANNING	Watf	4.98	278
5					
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	L	Emma BEALES	Luton	39.64
2	D	Caitlin FILBY	Dac&T	23.89
3	XX	Lucia RIZZO (U17)	Herts P	22.68
4	TT	Isabelle KEITH (U17)	Albans	19.26
5	WW	Robyn LOWER	Watf	15.79
6				

A Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	LL	Suzanna WISE	Luton	31.86	758
2	X	Sophie SEGUN	Herts P	19.32	528
3	T	Meeka NIGHTINGALE (U17)	Albans	15.60	435
4	W	Jennifer EGLINTON	Watf	12.05	320
5	DD	Elizabeth ROBERTS	Dac&T	10.23	240
6					

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	S	Libby TAYLOR (U20)	SNH	45.44
2	L	Suzanna WISE	Luton	38.48
3	D	Caitlin FILBY	Dac&T	28.01
4	T	Charlie COLLING (U20)	Albans	19.36
5	W	Christine CANNING	Watf	16.39
6				

A Hammer Women B

Posn	Bib	Athlete	Club	Perf	
1	DD	Daisy LAING (U17)	Dac&T	20.14	455
2	TT	Sue YEOMANS	Albans	13.71	328
3					
4					
5					
6					

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	D	Amy BARRETT (U17)	Dac&T	31.97
2	S	Georgia SHEPHARD-GAZEL	SNH	30.74
3	T	Eleanor MCARDLE	Albans	29.73
4	W	Suzanne BENTLEY	Watf	24.96
5	X	Louise GRENFELL (U17)	Herts P	24.27
6	L	Suzanna WISE	Luton	18.19

A Javelin Women B

Posn	Bib	Athlete	Club	Perf	
1	DD	Milly GALL (U20)	Dac&T	28.41	704
2	TT	Alannah DALY (U20)	Albans	27.66	691
3	WW	Jennifer EGLINTON	Watf	15.21	440
4	XX	Lucia RIZZO (U17)	Herts P	10.90	312
5					
6					

4 x 100m Women A

Posn	No.	Club	Runners	Perf	
1	x	Herts P	Nathalia DUNBAR (U20) Sophie SEGUN Amelia GITTENS (U17) Jessica POON (U20)	50.0	651
2	w	Watf	Ava MCLOUGHLIN (U17) Lucy HAWKES (U17) Anya MORZARIA (U17) Chrissy MURR	52.6	516
3	d	Dac&T	Anna CRAGGS (U20) Abbie PARKER (U17) Annie BURCHELL (U17) Milly GALL (U20)	53.7	463
4	t	Albans	Sarah MCGRATH (U17) Eleanor MCARDLE Lokyee CHEUNG (U17) Emeline BROWN	56.4	342
5					
6					

4 x 400m Mixed A

Posn	No.	Club	Runners	Perf	
1	x	Herts P	Daisy CREASEY (U20) Daniella SKATER (U17)	03:54.2	
2	d	Dac&T	Elsie LEIPER (U20) Katy WARREN	04:00.4	
3	w	Watf	Claire BENTLEY Suzanne BENTLEY	04:10.0	
4	t	Albans	Emeline BROWN (U20) Lily TSE (U17)	04:12.5	
5	l	Luton	Bluebell COOKE (U20) Leah JAY (U17)	04:16.0	
6					

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021

NON-SCORERS400m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	123	Ethan PEACOCK	U20 Men	Dac&T	60.6
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS400m Hurdles Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men (1)

Wind 2.5

Posn	Bib	Athlete	Age Group	Club	Perf
1	138	Will KENNEDY	U17 Men	Albans	11.7
2					
3					
4					
5					
6					
7					
8					

100m Women (1)

Wind 1.5

Posn	Bib	Athlete	Age Group	Club	Perf
1	46	Ava MCLOUGHLIN	U17 Women	Watf	13.2
2	142	Uchenna DA SILVA	U17 Women	Luton	13.5
3	26	Bairavee SIVAKANTHAN	U20 Women	Watf	13.8
4	133	Lucy Hawkes	U17 Women	Watf	13.9
5	82	Gabby SLINKO	U17 Women	Luton	13.9
6	39	Eleanor MCARDLE	U23 Women	Albans	14.3
7					
8					

100m Men (2)

Wind 1.7

Posn	Bib	Athlete	Age Group	Club	Perf
1	144	Nicholas Kamara	U17 Men	Watf	11.9
2	145	David OPOKU	U17 Men	Watf	11.9
3	136	Shion EVANS	U17 Men	Albans	12.1
4	137	Charlie POWELL	U20 Men	Albans	12.2
5	135	David EVANS	Senior Men	Albans	12.7
6	146	Daniel IKWUE	U17 Men	Watf	12.8
7	42	Lee CAREY	Senior Men	Luton	13.4
8	134	Philip YAXLEY	Senior Men	Albans	14.1

100m Women (2)

Wind

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

200m Men (1)

Wind 1.1

Posn	Bib	Athlete	Age Group	Club	Perf
1	135	David EVANS	Senior Men	Albans	26.8
2	42	Lee CAREY	Senior Men	Luton	27.6
3	154	Steve Mayfield	Senior Men	SNH	28.6
4	134	Philip YAXLEY	Senior Men	Albans	29.9
5					
6					
7					
8					

200m Women (1)

Wind 0.9

Posn	Bib	Athlete	Age Group	Club	Perf
1	13	Serena THOMAS	U20 Women	Herts P	26.3
2	153	Annie BURCHELL	U17 Women	Dac&T	27.6
3	70	Jasmine DURU	U20 Women	Herts P	27.7
4	82	Gabby SLINKO	U17 Women	Luton	29.1
5	27	Natasha RIX	U17 Women	Herts P	30.2
6					
7					
8					

200m Men (2)

Wind

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

200m Women (2)

Wind 1.1

Posn	Bib	Athlete	Age Group	Club	Perf
1	100	Sally COOKE	Senior Women	Luton	26.8
2	151	Jessica POON	U17 Women	Herts P	27.4
3	47	Amelie HALL	U17 Women	Herts P	28.3
4	142	Uchenna DA SILVA	U17 Women	Luton	28.6
5	75	Brianna SMITH	U17 Women	Herts P	29.1
6	39	Eleanor MCARDLE	U23 Women	Albans	31.0
7					
8					

400m Men400m Women

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021

Posn	Bib	Athlete	Age Group	Club	Perf	Posn	Bib	Athlete	Age Group	Club	Perf
1	64	Oscar NORTH	U17 Men	Dac&T	54.2	1					
2	139	Andrew SHAW	U23 Men	Albans	54.6	2					
3	127	James TWALLIN	Senior Men	Dac&T	55.9	3					
4						4					
5						5					
6						6					
7						7					
8						8					

800m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	128	Rob POTTON	Senior Men	Dac&T	02:20.00
2					
3					
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	140	Hannah RAYDEN	U23 Women	Albans	02:25.30
2	143	Lauren Collis	U17 Women	Dac&T	02:53.00
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

1500m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	147	Claire BENTLEY	Senior Women	Watf	05:40.20
2					
3					
4					
5					
6					
7					
8					

5000m Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

3000m Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

110m Hurdles Men

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1						
2						
3						
4						
5						
6						
7						
8						

4 x 100m Women

Posn	Bib	Athlete	Age Group	Club	Wind	Perf
1	155	Herts P 4 x 100m Women	Senior Women	Herts P		54.2
2						
3						
4						
5						
6						
7						
8						

S/Chase Men

Posn	Bib	Athlete	Age Group	Club	Perf

S/Chase Women

Posn	Bib	Athlete	Age Group	Club	Perf

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021

1
2
3
4
5
6
7
8

1
2
3
4
5
6
7
8

Hammer Men

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age Group	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	36	Shaun WALL	Senior Men	Dac&T	25.71
2	45	Geoff GRINSTED	Senior Men	Luton	20.23
3	137	Charlie POWELL	U20 Men	Albans	15.15
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	148	Sue YEOMANS	Senior Women	Albans	15.51
2	40	Charlie COLLING	U20 Women	Albans	13.57
3	149	Christine CANNING	Senior Women	Watf	11.93
4	132	Lokyee CHEUNG	U17 Women	Albans	9.70
5					
6					

Javelin Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	150	Tim Higman	Senior Men	Albans	21.01
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	91	Orla FOLEY	U17 Women	Albans	19.53
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age Group	Club	Perf
1	36	Shaun WALL	Senior Men	Dac&T	9.96
2	45	Geoff GRINSTED	Senior Men	Luton	6.64
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age Group	Club	Perf
1	131	Meeka NIGHTINGALE	U17 Women	Albans	6.70
2	132	Lokyee CHEUNG	U17 Women	Albans	6.03
3	148	Sue YEOMANS	Senior Women	Albans	5.14
4	77	Sarah MCGRATH	U17 Women	Albans	4.78
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

Long Jump Women

Posn	Bib	Athlete	Age Group	Club	Perf	Wind

SOUTHERN ATHLETICS LEAGUE Hertfordshire DACORUM ATHLETICS TRACK (Jarman Park)

11/07/2021

1	54	James DEAYN	U17 Men	Dac&T	5.45	1
2	32	Marcus STANSBURY	U20 Men	Dac&T	5.21	2
3						3
4						4
5						5
6						6

Triple Jump Men

Posn	Bib	Athlete
1		
2		
3		
4		
5		
6		

Age Group

Club

Perf

Wind

Triple Jump Women

Posn	Bib	Athlete
1		
2		
3		
4		
5		
6		

Age Group

Club

Perf

Wind

High Jump Men

Posn	Bib	Athlete
1	130	Joe THOMPSON
2		
3		
4		
5		
6		

Age Group

Club

Perf

High Jump Women

Posn	Bib	Athlete
1		
2		
3		
4		
5		
6		

Age Group

Club

Perf

Pole Vault Men

Posn	Bib	Athlete
1	33	William ASHTON
2		
3		
4		
5		
6		

Age Group

Club

Perf

Pole Vault Women

Posn	Bib	Athlete
1		
2		
3		
4		
5		
6		

Age Group

Club

Perf